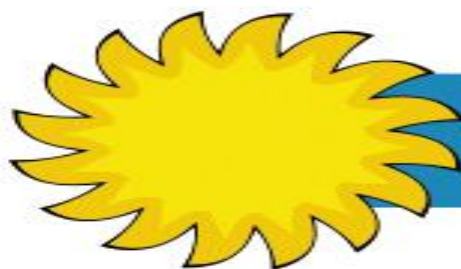


Menu

Week One



Anglia
Sunshine Nurseries

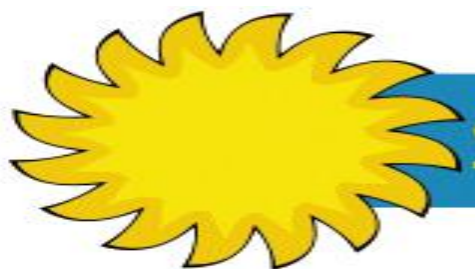
A brighter start!

Weekday	Snack	Lunch	Dessert	Tea	Pudding
Monday	Crumpets	Salmon & Broccoli Pasta Bake with Carrots & Peas	Cheesecake	Selection of Rolls with Salad Sticks	Homemade Gingerbread
Tuesday	Strawberries, Raspberries & Blueberries	Beef Stew & Dumplings	Fruit Jelly & Icecream	Sausage Rolls, Chicken Bites & Cucumber Sticks	Homemade Lemon Cake
Wednesday	Oatcakes with Bananas & Raisins	Chicken Jambalaya with Mixed Veg	Jam Shortbread Crumble Slice	Selection of Wraps with Salad	Fruit & Yoghurt
Thursday	Crackers, Cream Cheese & Grapes	Chicken & Ham Pie with Mash & Beans	Iced Vanilla Sponge	Jacket Potato with Tuna Mayo & Salad	Chocolate Crunch with Chocolate Sauce
Friday	Hummus, Cucumber & Breadsticks	Mixed Bean Chilli with Rice & Peas	Apple Crumble & Custard	Homemade Pizza & Salad	Homemade Jam Tarts

We provide a range of alternatives to suit the individual dietary requirements of children within nursery ,these will be as close to the original menu as possible.

Menu

Week Two



Anglia
Sunshine Nurseries

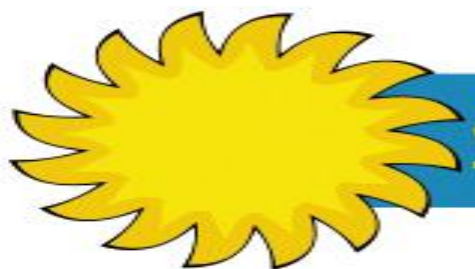
A brighter start!

Weekday	Snack	Lunch	Dessert	Tea	Pudding
Monday	Rice Cake & Banana	Macaroni Cheese with Mixed Veg	Eton Mess	Beans on Toast	Homemade Butterfly Cakes
Tuesday	Cucumber, Carrot Sticks & Raisins	Shepherds Pie with Broccoli	Vanilla & Raspberry Sponge	Chicken & Bacon Pasta	Homemade Choc Chip Cookies
Wednesday	Breadsticks & Dip	Sausage Plait with New Pots & Peas	Fruit & Yoghurt	Homemade Soup with Bread Rolls	Homemade Lemon Tarts
Thursday	Crackers, Cream Cheese & Marmite	Chicken Curry with Rice, Naan & Poppadoms	Banana & Custard	Jacket Potato with Cheese & Salad	Homemade Blueberry Mufins
Friday	Berries & Yoghurt	Meatballs & Pasta with Sweetcorn	Chocolate Crunch with Chocolate Sauce	Selection of Rolls with Salad Sticks	Fruit Jelly & Icecream

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Menu

Week Three



Anglia
Sunshine Nurseries

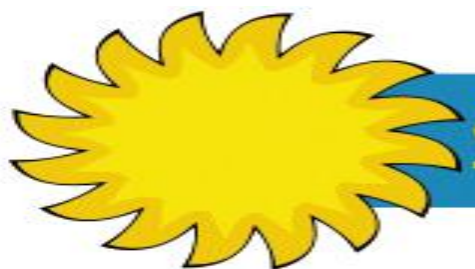
A brighter start!

Weekday	Snack	Lunch	Dessert	Tea	Pudding
Monday	Salad Sticks with Dips	Fish Fingers with Potatoes & Beans	Strawberry Meringues	Cheese & Tomato Pasta Bake	Homemade Shortbread & Yoghurt
Tuesday	Popcorn & Banana (rice cakes alt. under 2 yrs)	Roast Pork with Yorkshires, Potatoes, Carrots & Stuffing	Homemade Lemon Drizzle Cake	Selection of Rolls with Salad Sticks	Homemade Fruit Scones
Wednesday	Rice Cakes & Fruit	Chicken & Broccoli Pasta with Mixed Veg	Vanilla Crunch & Custard	Sausage Pinwheels with Salad Sticks	Homemade Jam Tarts
Thursday	Oatcakes with Cucumber & Raisins	Lasagne & Garlic Bread with Sweetcorn	Chocolate Brownie with Raspberries	Jacket Potato with Tuna Mayo	Homemade Biscuits
Friday	Strawberries, Raspberries & Blueberries	Fish Pie with Carrots & Peas	Homemade Fruit Tarts	Beans & Cheese on Toast	Fruity Crumble Slice

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Menu

Week Four



Anglia
Sunshine Nurseries

A brighter start!

Weekday	Snack	Lunch	Dessert	Tea	Pudding
Monday	Melon	Beef Goulash with Mash & Mixed Veg	Stewed Fruit & Cream	Jacket Potato with Tuna Mayo	Homemade Fairy Cakes
Tuesday	Banana & Biscuit	Sausage Plait with Potatoes, Peas & Gravy	Homemade Shortbread & Yoghurts	Beans & Cheese on Toast	Homemade Fruity Flapjack
Wednesday	Rice Cakes with Cream Cheese & Marmite	Vegetable Curry & Rice with Naans & Poppadoms	Lemon Crumble Slice	Homemade Soup with Bread Rolls	Fruit Jelly & Icecream
Thursday	Fruit & Yoghurt	Chicken Casserole with Broccoli	Homemade Iced Sponge Cake	Selection of Wraps with Salad Sticks	Homemade Cookies
Friday	Breadsticks, Cucumber & Dips	Pasta Bolognese & Garlic Bread with Sweetcorn	Apple Meringue Pie	Homemade Pizza with Salad Sticks	Banana with homemade custard

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